



Freeze & Thaw Breakfast Menu



Mon	Tue	Wed	Thu	Fri / Sat / Sun
WGR Banana Bread (3.4 oz)	WGR Cereal Bar (1.55oz)	WGR Mini Bagel with Strawberry Cream Cheese (4.3oz)	WGR Muffin (2oz)	WGR Cinnamon Roll (2.89 oz)
Fruit Cup (4oz)	Apple Sauce (4.5oz)	Fruit Cup (4oz)	Apple Sauce (4.5oz)	Fruit Cup (4oz)
Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)
<u>Acronyms</u> WGR: Whole Grain Rich Note: All main component food items have CN label	<u>Identification of mixed foods</u> Mixed fruit cup: diced pears, peaches, and cherries. Vegetable cup may be one of: peas and carrots, peas, green beans, corn, or carrots.	<u>Required Disclaimers</u> Children 24 months and older will be served 1% or fat free milk Water is available to all participants through a water fountain This Institution is an Equal Opportunity Provider		<u>Special Notes</u> This menu may change without notice due to supply issues, items are delivered and served cold.

Food Allergen Disclaimer: These products were processed with equipment which handles peanuts and other allergen products. People who have an allergy or severe sensitivity to peanuts run the risk of serious or life-threatening allergic reaction if they consume these products