



July 2024 Hot Meal Menu



Mon	Tue	Wed	Thu	Fri	Sat/Sun
1-Jul	2-Jul	3-Jul	4-Jul	5-Jul	6-Jul
Cheeseburger Sliders and Buns (4oz) Potato Wedges with parmesan (3oz), Roasted Corn (3oz), and an Orange	Turkey Chili (4.25oz), Cornbread (2oz), Roasted Green Beans (3oz), and a Pear Cup (3oz)	BBQ Chicken Slider (4.5oz) with Wheat Roll (1.25oz) Baked Beans (3oz), Mixed Vegetables (3oz), and Applesauce (3oz)	Food Bank closed/ No delivery	Enriched Wheat Chicken Nuggets with BBQ sauce (3.25oz), Roasted sweet Potato (3oz) Broccoli (3oz), and a Peach Cup (3oz)	Whole Wheat Sunbutter Crustless Sandwich (Grape) (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots (1.6oz) Applesauce Cup (4.5oz)
1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)		1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)
8-Jul	9-Jul	10-Jul	11-Jul	12-Jul	13-Jul
Kickin' Chicken Drumstick (4oz) Roasted Sweet Potatoes (3oz) Garlic Green Beans (3oz), Whole Wheat Roll (1.25oz) and an Orange	Whole Wheat Chiken Quesadillas (3.5 oz) & Salsa Cup (3oz) Spanish Rice (3oz) Mixed Vegetables (3oz), and a Pear Cup(3oz)	Chicken Lo mein (3oz) Cheesy broccoli (4oz) whole wheat roll (1.25oz) and an Applesauce Cup (3oz)	Cheese Ravioli (4oz) with Marinara Sauce (2oz), Whole Wheat Roll, (1.25oz) Peas and Carrots (6oz)	Mini All-Beef Hot Dogs with buns (4oz), Chili (3oz), Split Green Beans (3oz) and a Peach Cup(3oz)	Whole Wheat Sunbutter Crustless Sandwich (Grape) (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots (1.6oz) Applesauce Cup (4.5oz)
1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)
15-Jul	16-Jul	17-Jul	18-Jul	19-Jul	20-Jul
Cheeseburger Sliders and Buns (4oz) Potato Wedges with parmesan (3oz), Roasted Corn (3oz), and an Orange	Turkey Chili (4.25oz), Cornbread (2oz), Roasted Green Beans (3oz), and a Pear Cup (3oz)	BBQ Chicken Slider (4.5oz) with Wheat Roll (1.25oz) Baked Beans (3oz), Mixed Vegetables (3oz), and Applesauce (3oz)	"Nacho Party!" Corn Tortilla chips (2 oz), Ground Turkey (2oz), and Nacho Cheese (2oz) , Roasted Corn (3oz), mixed fruit (3oz) and an Apple	Enriched Wheat Chicken Nuggets with BBQ sauce (3.25oz), Roasted sweet Potato (3oz) Broccoli (3oz), and a Peach Cup (3oz)	Whole Wheat Sunbutter Crustless Sandwich (Grape) (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots (1.6oz) Applesauce Cup (4.5oz)
1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)
22-Jul	23-Jul	24-Jul	25-Jul	26-Jul	27-Jul
Kickin' Chicken Drumstick (4oz) Roasted Sweet Potatoes (3oz) Garlic Green Beans (3oz), Whole Wheat Roll (1.25oz) and an Orange	Whole Wheat Chiken Quesadillas (3.5 oz) & Salsa Cup (3oz) Spanish Rice (3oz) Mixed Vegetables (3oz), and a Pear Cup(3oz)	Chicken Lo mein (3oz) Cheesy broccoli (4oz) whole wheat roll (1.25oz) and an Applesauce Cup (3oz)	Cheese Ravioli (4oz) with Marinara Sauce (2oz), Whole Wheat Roll, (1.25oz) Peas and Carrots (6oz)	Mini All-Beef Hot Dogs with buns (4 oz), Chili (3oz), Split Green Beans (3oz) and a Peach Cup(3oz)	Whole Wheat Sunbutter Crustless Sandwich (Grape) (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots (1.6oz) Applesauce Cup (4.5oz)
1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)
29-Jul	30-Jul	31-Jul			
Cheeseburger Sliders and Buns (4oz) Potato Wedges with parmesan (3oz), Roasted Corn (3oz), and an Orange	Turkey Chili (4.25oz), Cornbread (2oz), Roasted Green Beans (3oz), and a Pear Cup (3oz)	BBQ Chicken Slider (4.5 oz) with Wheat Roll (1.25) Baked Beans (3oz), Mixed Vegetables (3oz), and Applesauce (3oz)	"Nacho Party!" Corn Tortilla chips (2oz), Ground Turkey (2oz), and Nacho Cheese (2oz) , Roasted Corn (3oz), mixed fruit (3oz) and an Apple	Enriched Wheat Chicken Nuggets with BBQ sauce (3.25oz), Roasted sweet Potato (3oz) Broccoli (3oz), and a Peach Cup (3oz)	Whole Wheat Sunbutter Crustless Sandwich (Grape) (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots (1.6oz) Applesauce Cup (4.5oz)
1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)	1% Low Fat Chocolate Milk (0.5pt)

Acronyms
WGR: Whole Grain Rich
Note: All main component food items have CN label

Identification of mixed foods
Mixed fruit cup: diced pears, peaches, and cherries
Vegetable cup may be one of: peas and carrots, peas, green beans, corn, or carrots.

Required Disclaimers
Children 24 months and older will be served 1% or fat free milk
Water is available to all participants through a water fountain
This Institution is an Equal Opportunity Provider

Special Notes
This menu may change without notice due to supply issues
Items are delivered and served cold

All meals on this menu are homemade & prepared daily by our hot meal kitchen except for Saturday. *Food Allergen Disclaimer: This product was processed with equipment which handles peanuts and other allergen products including milk, eggs and wheat. People who have an allergy or severe sensitivity to peanuts run the risk of serious or life-threatening allergic reaction if they consume these products.*

We appreciate your partnership and understand that 'Life Happens'!! To help avoid waste please remember to give at least 2 business days notice of changes to your requirements.