



November 2024 Cold Meal Menu



Mon	Tue	Wed	Thu	Fri / Sat / Sun
4	5	6	7	8/9/10
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2oz) Fresh Apples 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) Mayo/Mustard/Ketchup	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2oz) Baby Carrots x 1 (3.2oz) Fresh Apples 1% Low Fat Milk (0.5pt) Ranch	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	Chicken Biscuit WGR Bun (3.15oz) Sunflower Seeds (1oz) Vegetable Cup (4oz) Fresh Oranges 1% Low Fat Milk (0.5pt) BBQ Sauce
Mon	Tue	Wed	Thu	Fri / Sat / Sun
11	12	13	14	15/16/17
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2oz) Fresh Grapes 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) Mayo/Mustard/Ketchup	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2oz) Baby Carrots x 1 (3.2oz) Fresh Grapes 1% Low Fat Milk (0.5pt) Ranch	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	Chicken Biscuit WGR Bun (3.15oz) Sunflower Seeds (1oz) Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) BBQ Sauce
Mon	Tue	Wed	Thu	Fri / Sat / Sun
18	19	20	21	22/23/24
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Mon	Tue	Wed	Thu	Fri / Sat / Sun
25	26	27	28	29/30/1
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Mon	Tue	Wed	Thu	Fri / Sat / Sun
2	3	4	5	6/7/8
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2 oz) Fresh Apples 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt). Mayo/Mustard/Ketchup	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2oz) Baby Carrots x 1 (3.2 oz) Fresh Apples 1% Low Fat Milk (0.5pt) Ranch	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	Chicken Biscuit WGR Bun (3.15oz) Sunflower Seeds (1 oz) Vegetable Cup (4oz) Fresh Oranges 1% Low Fat Milk (0.5pt) BBQ Sauce
Acronyms WGR: Whole Grain Rich Note: All main component food items have CN label	Identification of mixed foods Mixed Fruit Cup: diced pears, peaches, and Cherries. Vegetable cup is Corn.	Required Disclaimers Children 24 months and older will be served 1% or fat free milk Water is available to all participants through a water fountain This Institution is an Equal Opportunity Provider		Special Notes This menu may change without notice due to supply issues Items are delivered and served cold Pork Free Menu