



Freeze & Thaw 2023-2024 Supper Menu

	Mon	Tue	Wed	Thu	Fri / Sat / Sun
W e e k 1	WGR Sun Butter Crustless Sandwich Grape (2.8 oz)	Mini Cheeseburger Sliders x 2 on WGR Buns (4.5 oz)	Bean & Cheese Burrito, WGR Tortilla (5.2 oz)	Grilled Cheese Sandwich (4.19 oz)	Chicken Biscuit WGR Bun (3.15 oz) BBQ Sauce
	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)
	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)
	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)
	Mozzarella String Cheese (1 oz)	Mayo / Mustard / Ketchup	Salsa Dipping Cup (2 oz)		Sunflower Seeds (1 oz)
W e e k 2	WGR Sun Butter Crustless Sandwich Grape (2.8 oz)	Mini Cheeseburger Sliders x 2 on WGR Buns (4.5 oz)	Bean & Cheese Burrito, WGR Tortilla (5.2 oz)	Grilled Cheese Sandwich (4.19 oz)	Chicken Biscuit WGR Bun (3.15 oz) BBQ Sauce
	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)
	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)
	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)
	Mozzarella String Cheese (1 oz)	Mayo / Mustard / Ketchup	Salsa Dipping Cup (2 oz)		Sunflower Seeds (1 oz)
W e e k 3	WGR Sun Butter Crustless Sandwich Grape (2.8 oz)	Mini Cheeseburger Sliders x 2 on WGR Buns (4.5 oz)	Bean & Cheese Burrito, WGR Tortilla (5.2 oz)	FOOD BANK IS CLOSED	FOOD BANK IS CLOSED
	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)		
	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)		
	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)		
	Mozzarella String Cheese (1 oz)	Mayo / Mustard / Ketchup	Salsa Dipping Cup (2 oz)		
W e e k 4	WGR Sun Butter Crustless Sandwich Grape (2.8 oz)	Mini Cheeseburger Sliders x 2 on WGR Buns (4.5 oz)	Bean & Cheese Burrito, WGR Tortilla (5.2 oz)	Grilled Cheese Sandwich (4.19 oz)	Chicken Biscuit WGR Bun (3.15 oz) BBQ Sauce
	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)
	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)
	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)
	Mozzarella String Cheese (1 oz)	Mayo / Mustard / Ketchup	Salsa Dipping Cup (2 oz)		Sunflower Seeds (1 oz)
Identification of Cups: Fruit Cup may be: Diced pears, peaches or Mixed Fruit Cup of piced pears, peaches & cherries. Vegetable Cup may be: Corn, green beans, carrots or Mixed Vegetable Cup of peas & carrots		Required Disclaimers Children 24 months & older will be served 1% or Fat Free Milk. Water is available to all participants through a water fountain. Food Allergen: These products were produced with equipment which handles peanuts and other allergen products. People who have an allergy or severe sensitivity to peanuts run the risk of serious or lifethreatening allergic reaction if they consume these products. <u>This Institution is an Equal Opportunity Provider.</u>			Special Notes This menu may change without notice due to supply issues. All items are delivered and served cold.
We appreciate your partnership and understand that 'Life Happens'!! To help avoid waste please remember to give at least 2 business days notice of changes to your requirements.					