



# January 2025 Cold Menu



Mon	Tue	Wed	Thu	Fri / Sat / Sun
30	31	1	2	3/4/5
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots 1/2 cup Fresh Apples 1/4 cup 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) Mayo/Mustard/Ketchup	New years day/ Food bank Closed	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	No delivery 1/3
Mon	Tue	Wed	Thu	Fri / Sat / Sun
6	7	8	9	10/11/12
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots 1/2 cup Fresh Grapes 1/4 cup 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) Mayo/Mustard/Ketchup	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2oz) Baby Carrots 1/2 cup Fresh Grapes 1/4 cup 1% Low Fat Milk (0.5pt) Ranch	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	Chicken Biscuit WGR Bun (3.15oz) Sunflower Seeds (1oz) Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) BBQ Sauce
Mon	Tue	Wed	Thu	Fri / Sat / Sun
13	14	15	16	17/18/19
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots 1/2 cup Fresh Apples 1/4 cup 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt). Mayo/Mustard/Ketchup	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2oz) Baby Carrots 1/2 cup Fresh Apples 1/4 cup 1% Low Fat Milk (0.5pt) Ranch	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	Chicken Biscuit WGR Bun (3.15oz) Sunflower Seeds (1oz) Vegetable Cup (4oz) Fruit Oranges 1% Low Fat Milk (0.5pt) BBQ Sauce
Mon	Tue	Wed	Thu	Fri / Sat / Sun
20	21	22	23	24/25/26
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots 1/2 cup Fresh Grapes 1/4 cup 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) Mayo/Mustard/Ketchup	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2oz) Baby Carrots 1/2 cup Fresh Grapes 1/4 cup 1% Low Fat Milk (0.5pt) Ranch	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	Chicken Biscuit WGR Bun (3.15oz) Sunflower Seeds (1oz) Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) BBQ Sauce
Mon	Tue	Wed	Thu	Fri / Sat / Sun
27	28	29	30	31/1/2
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots 1/2 cup Fresh Apples 1/4 cup 1% Low Fat Milk (0.5pt) Tajin	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt). Mayo/Mustard/Ketchup	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2oz) Baby Carrots 1/2 cup Fresh Apples 1/4 cup 1% Low Fat Milk (0.5pt) Ranch	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Applesauce Cup (4oz) 1% Low Fat Milk (0.5pt)	Chicken Biscuit WGR Bun (3.15oz) Sunflower Seeds (1oz) Vegetable Cup (4oz) Fresh Oranges 1/4 cup 1% Low Fat Milk (0.5pt) BBQ Sauce
<b>Acronyms</b> WGR: Whole Grain Rich Note: All main component food items have CN label	<b>Identification of mixed foods</b> Mixed Fruit Cup: diced pears, peaches, and Cherries. Vegetable cup is Corn.	<b>Required Disclaimers</b> Children 24 months and older will be served 1% or fat free milk Water is available to all participants through a water fountain This Institution is an Equal Opportunity Provider		<b>Special Notes</b> This menu may change without notice due to supply issues Items are delivered and served cold