



July 2026 Summer Hot Menu



Mon	Tue	Wed	Thu	Fri
		1	2	3
		Sunbutter Crustless Sandwich (Grape) (2.8 oz) Mozzarella String Cheese (1 oz) Baby Carrots (2.5 oz) Apple 1% Low Fat Milk (0.5pt)	WGR Grilled Cheese Sandwich (4.19oz) Corn (4oz) Pineapple Spears (4oz) 1% Low Fat Milk (0.5pt)	Independence Day Food Bank Closed
Mon	Tue	Wed	Thu	Fri
6	7	8	9	10
Sunbutter Crustless Sandwich (Grape) (2.8 oz) Mozzarella String Cheese (1 oz) Baby Carrots (2.5 oz) Apple 1% Low Fat Milk (0.5pt)	Turkey Chili (4.25oz), Cornbread (2oz), Roasted Green Beans (3oz), and Mixed Fruit cup (4oz) 1% Low Fat Chocolate Milk (0.5pt)	Herb Roasted chicken(4.5), Broccoli Cauliflower(2.75oz) WG Pasta (3oz) w/ Alfredo Sauce Applesauce Cup (4.5oz) 1% Low Fat Chocolate Milk (0.5pt)	Nacho Party! Corn Tortilla chips (2oz) Ground Turkey (2oz) Nacho Cheese (2oz) Roasted Corn (3oz) Fresh Apple 1% Low Fat Chocolate Milk (0.5pt)	Enriched Wheat Chicken Nuggets with BBQ sauce (3.25oz), Roasted sweet Potato (3oz) Broccoli (3oz), and a Pineapple Spear (4oz) 1% Low Fat Chocolate Milk (0.5pt)
Mon	Tue	Wed	Thu	Fri
13	14	15	16	17
Sunbutter Crustless Sandwich (Grape) (2.8 oz) Mozzarella String Cheese (1 oz) Baby Carrots (2.5 oz) Applesauce Cup (4.5 oz) 1% Low Fat Milk (0.5pt)	WW Chicken Quesadillas (3.5oz) Spanish Rice (3oz) Mixed Vegetables (3oz) and a Pear Cup(4oz) 1% Low Fat Chocolate Milk (0.5pt)	BBQ Chicken Slider (4.5oz) Wheat Roll (1.25oz) Baked Beans (3oz), Mixed Vegetables (3oz), and Applesauce (4.5oz) 1% Low Fat Chocolate Milk (0.5pt)	Cheese Ravioli (4oz) W/ Marinara Whole Wheat Roll, (1.25oz) Peas and Carrots (3oz) Apple 1% Low Fat Chocolate Milk (0.5pt)	Mini All-Beef Hot Dogs WG buns (4oz), Chili (3oz), Split Green Beans (3oz) and a Peach Cup(4oz) 1% Low Fat Chocolate Milk (0.5pt)
Mon	Tue	Wed	Thu	Fri
20	21	22	23	24
Hamburger Slider (4oz) Potato Wedges(3oz), Roasted Corn (3oz), Orange 1% Low Fat Chocolate Milk (0.5pt)	Turkey Chili (4.25oz), Cornbread (2oz), Roasted Green Beans (3oz), and a Pear Cup (4oz) 1% Low Fat Chocolate Milk (0.5pt)	Herb Roasted chicken(4.5), Broccoli Cauliflower(2.75oz) WG Pasta (3oz) w/ Alfredo Sauce Applesauce Cup (4.5oz) 1% Low Fat Chocolate Milk (0.5pt)	Nacho Party! Corn Tortilla chips (2oz) Ground Turkey (2oz) Nacho Cheese (2oz) Roasted Corn (3oz) Fresh Apple 1% Low Fat Chocolate Milk (0.5pt)	Enriched Wheat Chicken Nuggets with BBQ sauce (3.25oz), Roasted sweet Potato (3oz) Broccoli (3oz), and a Peach Cup (4oz) 1% Low Fat Chocolate Milk (0.5pt)
Mon	Tue	Wed	Thu	Fri
27	28	29	30	31
Kickin' Chicken Drumstick (4oz) Peas (3oz) Whole Wheat Roll (1.25oz) Orange 1% Low Fat Chocolate Milk (0.5pt)	WW Chicken Quesadillas (3.5oz) Spanish Rice (3oz) Mixed Vegetables (3oz) and a Pear Cup(4oz) 1% Low Fat Chocolate Milk (0.5pt)	BBQ Chicken Slider (4.5oz) Wheat Roll (1.25oz) Baked Beans (3oz), Mixed Vegetables (3oz), and Applesauce (4.5oz) 1% Low Fat Chocolate Milk (0.5pt)	Cheese Ravioli (4oz) W/ Marinara Whole Wheat Roll, (1.25oz) Peas and Carrots (3oz) Apple 1% Low Fat Chocolate Milk (0.5pt)	Mini All-Beef Hot Dogs WG buns (4oz), Chili (3oz), Split Green Beans (3oz) and a Peach Cup(4oz) 1% Low Fat Chocolate Milk (0.5pt)
<u>Acronyms</u> WGR: Whole Grain Rich Note: All main component food items have CN label	<u>Identification of mixed foods</u> Mixed Fruit Cup: diced pears, peaches, and Cherries. Vegetable cup is Corn.	<u>Required Disclaimers</u> Children 24 months and older will be served 1% or fat free milk Water is available to all participants through a water fountain This institution is an equal opportunity provider, employer, and lender.		<u>Special Notes</u> This menu may change without notice due to supply issues Items are delivered and served Hot